## **CLASS DESCRIPTIONS**



#### Pre-Star (Ages: 4-5)

Class provides ice acclimation and an introduction to skating skills with an emphasis on fun and safety. Skaters must be able to stand up and get on the ice independently. Helmets required.



## 1 Star (Ages 6 & up)

March and glide across rink; fall down and get back up properly; back wiggle; 2 foot glides and dip; Intro to swizzles, snowplow scrape. Skaters must be able to stand up and get on the ice independently.



#### 2 Star (Ages 6 & up)

For those who have passed 1 star or who have taken, but not passed 2 star. Forward swizzles across rink; snowplow stop, 1 foot glide on the left and right foot; back swizzles.



#### 3 Star (Ages 6 & up)

For those who have passed 2 star or who have taken but not passed 3 star. Forward stroking; forward pumps; 1 foot glide (both directions); back swizzles across rink; T push; T stop; forward lunge; 2 foot turn forward to backward; hockey stop.



#### **Hours:**

Mon/Wed/Fri from 10:00am-Noon Tue/Thu from Noon-2:00pm Sun. from 2:15-4:15pm

## **Admission:**

\$5(Res) \$7(Non-Res) Skate Rentals: \$5.00 Skate Sharpening: \$5.00

### Season Pass Fees:

Family of 3 or 4: \$100(Res) \$150(Non-Res)

Additional: \$30(Res) \$35(Non-Res) Individual: \$55(Res) \$80(Non-Res) Senior: \$30(Res) \$45(Non-Res)

\*No hockey sticks or playing allowed. No unauthorized professional lessons allowed.

## **Programs Offered:**

- Rise & Glide
- Adult Pick-Up Hockey
- Women's Stick & Puck
- Men's Stick & Puck
- Family Pick-Up Hockey

\*See website for program descriptions. Times and dates to be announced on our website.



# Simsbury Farms Ice Rink





# **WED/THU CLASSES**

4:10-4:45pm

Pre-Star

1 Star

2 Star

3 Star

4:55-5:30pm

Pre-Star

1 Star

2 Star

3 Star

## **GET IN TOUCH**

We are located at: 100 Old Farms Rd Simsbury, CT 06070

### **OUR CONTACT:**



860-658-3836





# Register online at: www.simsburyrec.com

**REGISTRATION INFORMATION** 

Registration for session 1 begins on October 6 at 11am
Registration for session 2 begins on December 1 at
11am

## **CLASS MAKE-UP POLICY**

Classes cancelled by the Simsbury Parks and Recreation Department due to inclement weather will be made up the week following the last class in a session.

## **SKATING LESSONS**

All classes will meet once a week. Classes are 35min. Classes are offered on Wednesdays and Thursdays. Emphasis is on basic skills for the recreational as well as serious skater.

\*No double runners are allowed for lessons.

Session 1: \$90 Registration begins 10/1, 11am Session 2: \$90 Registration begins 12/1, 11am

\*FREE Skate rentals for lessons: Reservations are required for those who need skates. Sizes and quantities are limited.

\*FREE Skating: Students enrolled in lessons will be given up to 5 free public skating sessions.

\*FREE Practice times: Free practice time is offered with all skating lessons.

# **LESSONS SCHEDULE**

## **SESSION 1:**

Wednesdays: 12/3,12/10,12/17,1/7,1/14 Thursdays: 12/4,12/11,12/18,1/8,1/15

## **SESSION 2:**

Wednesdays: 1/28,2/4,2/11,2/18,2/25 Thursdays: 1/29,2/5,2/12,2/19,2/26