

# ATTENDING A CLASS OR CAMP?

## Program Times

We request you pick up and drop off your children promptly. Start and end times will be listed online, and on your registration confirmation.

## Parent Observation

For our Squirts classes we strongly recommend you stay and watch, however we ask that you keep your distance so your child is not dependent on you. If you do need to leave, please let the coach know. For our older classes you are more than welcome to stay, however again please keep your distance so your child can play!

## Camp and Class Safety

We want you to feel as comfortable as possible leaving your child with us, so we have safety systems in place including signing in and out procedures, emergency drills, program co-ordinators and fully trained first aid coaches. Under no circumstance will your child be left on their own. We have been running programs for over 30 years, and safety is our number one priority.

## Signing In and Out

On the first day please bring your child to the co-ordinator to sign in, they will then be assigned a coach who you will sign in and out with for the rest of the program. The coach will not allow your child to leave unless you are present, so please don't wait in a car or parking lot. If your child is allowed to walk home or leave with someone else, we require you to personally hand a written letter of consent to your child's coach.

## What To Bring

**Clothing:** Please dress your child appropriately for the weather. Protection from the sun (hat/sunscreen) is especially important.

**Footwear:** Appropriate footwear must be worn for all classes. Cleats for soccer (except for squirts), sneakers for squirts, tennis, basketball etc. Shin guards should be worn for soccer and hockey (except for squirts).

**Equipment:** All equipment is provided except for tennis, where children must bring their own racquets.

**Food:** If your child is on a half day camp, please provide a snack. If your child is on a full day camp, please provide snacks and a bagged lunch.

**Drink:** Please provide plenty of fluid for your child to last the duration of the program. We recommend at least 1 gallon (4 liters) for a whole day.



## Feedback!

**We want to hear from you!**  
Let us know how we're doing  
by following the steps below:

Log onto [www.USSportsInstitute.com](http://www.USSportsInstitute.com)

Click Parents on the menu

Click Feedback

Fill out the form!



# HERE'S THE LOWDOWN!

## Weather

We try not to cancel programs, but sometimes Mother Nature just gets in our way! ***In this case, please do not call!*** Instead, visit our website where we post the most up to date information regarding rain outs, snow or heat advisory cancelations. Here's how to check the status of your class:

1. Log onto [www.USSportsInstitute.com](http://www.USSportsInstitute.com)
2. Click **Parents** on the top menu
3. Click **Weather Alerts** and look for your town and class

## Make Up Information

If your class was canceled or cut short, we will endeavour to make up lost time by extending the class length, or adding extra days. Here's how to find out about the make up information of your class:

1. Log onto [www.USSportsInstitute.com](http://www.USSportsInstitute.com)
2. Click **Parents** on the top menu
3. Hover over **Weather Alerts**
4. Click **Make Up Information**

*Please note, not all classes or time lost can be made up.*

## How to register

There are 2 easy ways to register for programs; by phone or on our website.

### 1 (866) 345-BALL

Call our registration hotline and one of our representatives will be more than happy to find a camp or class n your area and take your registration.

### [USSportsInstitute.com](http://USSportsInstitute.com) or [UnitedSoccerAcademy.com](http://UnitedSoccerAcademy.com)

Visit one of our websites and use our camp & class search to find a program near you. Create a Family Profile to register on our site, add multiple children to your profile and sign up for your camp or class.

Note, in some cases you may have to register with your local Recreation Department.

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## Weather Alert!



## Question?

### Ask it right now!

Our knowledgeable staff are available via phone and Live Chat on our website 7 days a week!

Mon-Thu: 9am-8:30pm  
Friday: 9am-5pm  
Saturday: 8am-4pm  
Sunday: 10am-6:30pm

March 1 to October 1 only

**ONLINE OR  
BY PHONE!**

**1 (866) 345-BALL**