Dear Parents/Guardians,

   We are happy to announce that we will be running both online and in person classes this summer. Your children's safety is and always has been our number one priority at Circuit Lab. With that being said, we will be strictly following requirements and guidelines for child and youth serving programs. The requirements include but are certainly not limited to small class sizes, carefully sanitizing all materials in between use, monitoring temperatures each morning, wearing masks, and maintaining social distancing. Our staff will be required to strictly follow a list of COVID-19 procedures as well. In order to ensure the safety of our staff and students, there are a few things that we need you to do. Below is a list of the new state requirements that are in place, in order to make sure your child has a fun and safe summer!

- Provide Circuit Lab with your email address, home, work, and cell phone numbers (if you've already provided these when you registered for the class, you're all set)
- Check in with the instructor(s) each morning at drop-off regarding the status of your child. We will also be taking students' temperatures during this drop-off time.
- Read the provided information on COVID-19.
- Self-screen yourself and your child before coming to the program. Self-screening includes checking temperatures, checking for symptoms including fever, cough, shortness of breath, gastrointestinal symptoms, abdominal pain, unexplained rash, new loss of taste/smell, muscle aches, or any other cold/flu-like symptoms.
- Provide attestations daily regarding any household contacts with COVID-19, symptoms, or medication given to lower fever.
- **Provide your child with a sufficient supply of clean masks/face coverings.**
- **Wear a face covering during student drop-off and any time you are on the premises of the program.**
- **Report any potential symptoms and/or COVID-19 contact to the instructor immediately.**
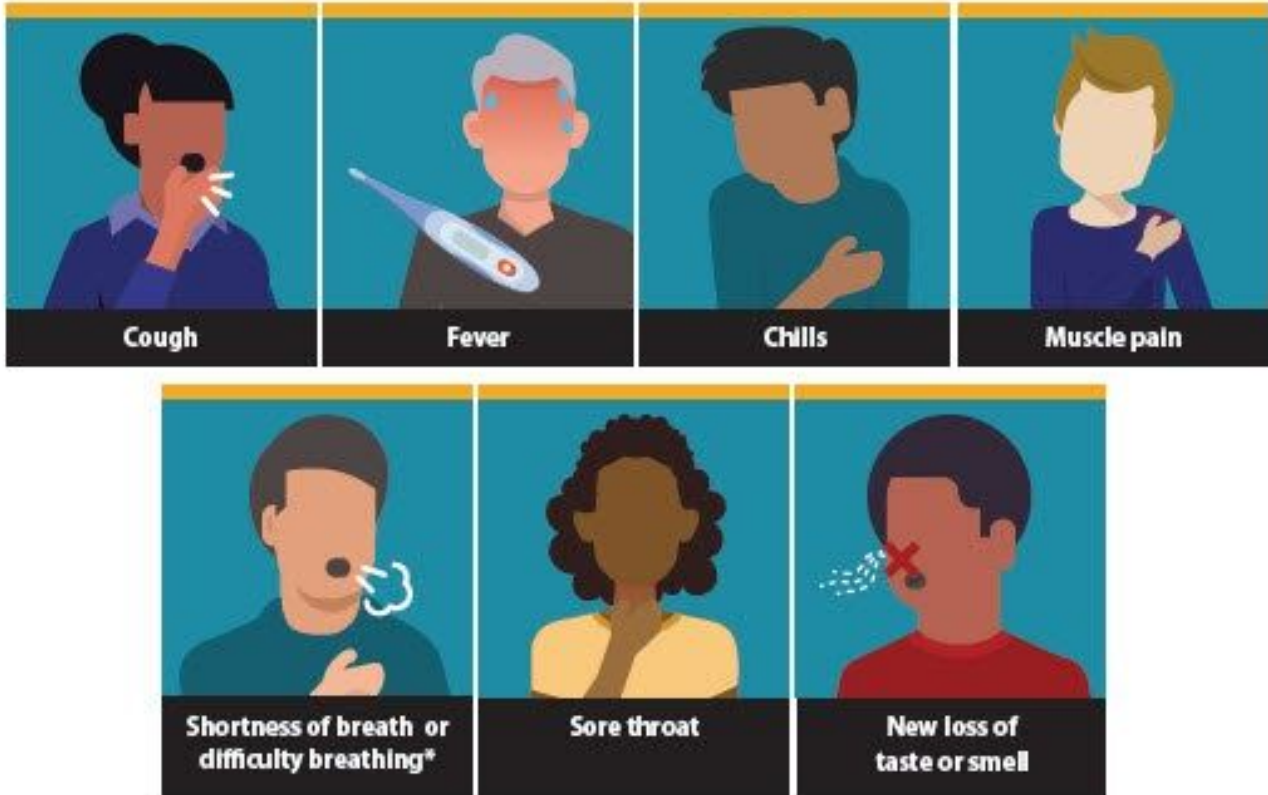
If any child or class instructor tests positive for COVID-19, that class will immediately end. We look forward to safely teaching your child this summer! Please contact us with any questions/concerns.

(617)-575-9688
learn@circuit-lab.com

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:

Cough	Fever	Chills	Muscle pain

Shortness of breath or difficulty breathing*	Sore throat	New loss of taste or smell

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

*Seek medical care immediately if someone has emergency warning signs of COVID-19.

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

CDC

317142-A May 20, 2020 10:44 AM

What you should know about COVID-19 to protect yourself and others

Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.

Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.

Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.

Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.

Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.

Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.

cdc.gov/coronavirus